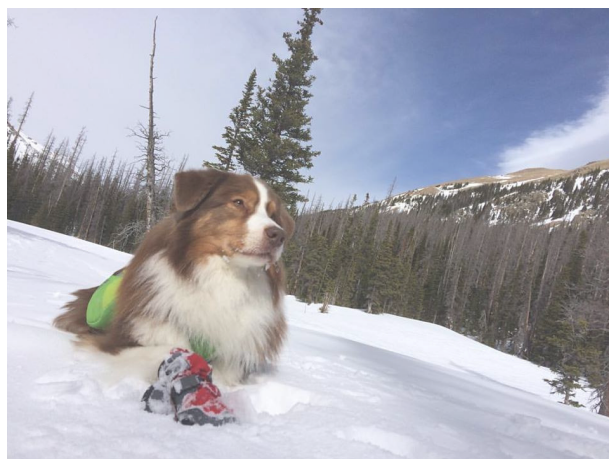




ADVENTURE SAFELY WITH YOUR DOG - WINTER

- **Check those paw pads!** Running and playing in ice and snow can cause scrapes and rips on your dog's paw pads. The snow can also get stuck in the hair between your dog's toes and make for an uncomfortable romp! Keep your dog's foot hair trimmed to reduce this, or invest in a pair of snow boots!
- **Don't forget the water!** Just because it is cold doesn't mean your dog won't get thirsty on your snowshoeing trek. Eating snow isn't enough to keep your dog hydrated, so don't skip out on that extra water bottle in your pack!
- **Tailor your activity!** Your dog's age may impact how it feels about the cold weather. Young puppies will have a harder time staying warm, and older dogs may feel additional discomfort in the cold due to arthritis. Make sure that your dog's outdoor time and activity is age appropriate and considerate of your dog's unique health needs.
- **Help your dog take breaks!** Lots of dogs are snow maniacs and will go nonstop if you let them! The cold temperatures can give your dog an extra burst of energy, but the more tired your dog gets, the higher the likelihood that he could get injured during play or push themselves to the point of exhaustion. If you don't see your dog taking breaks on it's own, help him out by giving him something calm to do or putting him back on leash for a short bit of time. This break is a great time to check on his paw pads!
- **Watch out for anti-freeze in the parking lot!** Antifreeze is poisonous but has a sweet taste, making some dogs attracted to it. Make sure your pup doesn't sneak off under your or someone else's vehicle before or after a trek.



HAPPY & SAFE ADVENTURING!