

Food puzzles help build confidence, frustration tolerance, and resilience. They also help to redirect puppy chewing and biting, speed up crate training, and sooth other puppy & older dog frustrations.

HERE ARE SOME OF OUR FAVORITES:

(Click on the name to see more details online)

- Planet Dog Orbee Snoop
- Trixie Puzzle Boxes
- Outward Hound Maze Bowls
- West Paw Zogoflex (Eco friendly! Pictured here.)
- Kongs – fill with kibble & treats or freeze with peanut butter

Or Make Your Own!

- Muffin Tin – fill with kibble, with or without a cover
- Egg Carton – cut in half or close for more difficulty
- Toilet Paper tube – cut some holes and close the end



HOW TO USE:

- Start with an easy puzzle to ensure your puppy/dog understands the game. Always observe your dog with any new toy to ensure they are playing with it appropriately.
- Kibble: Start with dry dog food in the toy and allow your puppy/dog to work at his puzzle and avoid helping him until the food is gone. You can also get his kibble wet and freeze it in his toy for more difficulty. Feed him his regular meals in the puzzle toy to turn meal time into enrichment!
- Other food additives: Other great stuffing foods are peanut butter, whole yogurt, cottage cheese, dehydrated dog foods, fruits and veggies, canned fish (only canned in water), meat baby food, wet dog food, and ground meats. Always research first to determine the dog safety of your selected food.
- Other good toys: brown paper bag, pizza box, cardboard box, PVC pipe, old towel/blanket, or a snuffle mat!
- Find toys at: Amazon, Chewy, or your local natural pet supply store